

COMMON MEDICATIONS FOR DIABETES

Taking medication to manage your blood sugar (glucose) is common for people with diabetes. The longer you have diabetes, the more likely you are to need medication. Talk to your doctor about the benefits and risks of medications to decide which medications are best for you.

| Group | What are some diabetes medications? | How are they taken? | What do they do? | What side effects are common? |
|-------|---|---------------------|--|--|
| 1 | Metformin, Glucophage [®] , Glucophage XR [®] , Fortamet [®] , Glumetza [®] , Riomet [®] | By mouth | Keep the liver from releasing too much glucose | Nausea, upset stomach |
| 2 | Amaryl [®] , Glimepiride, Glynase [®] , Glipizide, Glucotrol [®] , Glucotrol XL [®] , Diabeta [®] , Micronase [®] , Glyburide | By mouth | Cause the pancreas to release more insulin | Sensitivity to sun - wear sunscreen, skin rash, weight gain *Can cause low blood sugar* |
| 3 | Actos [®] , Avandia [®] | By mouth | Help muscles use insulin better | Swelling, weight gain |
| 4 | Actosplus Met [®] , Avandamet [®] , Avandaryl [®] , Duetact [®] , Kombiglyze XR [®] , Glucovance [®] , Metaglip [®] , Janumet [®] , Jentadueto [®] , Oseni [®] , Kazano [®] , and others | By mouth | Work together to control blood sugar better | Look at information for each medication |
| 5 | Januvia [®] , Onglyza [®] , Tradjenta [®] , Nesina [®] | By mouth | Raise insulin and lowers glucose made by the liver | Headache, stuffy or runny nose |
| 6 | Invokana [®] , Farxiga [®] , Jardiance [®] | By mouth | Block kidneys from taking up glucose | Dehydration, yeast infections |
| 7 | Apidra [®] , Humalog [®] , Novolog [®] , Lantus [®] , Levemir [®] , NPH [®] , Regular, Toujeo [®] , Tresiba [®] , 70/30 | Injection | Work just like insulin made by the body | Weight gain *Can cause low blood sugar* |
| 8 | Byetta [®] , Bydureon [®] , Victoza [®] , Tanzeum [®] , Trulicity [®] | Injection | Raise insulin levels and lower glucose made by the liver | Nausea, diarrhea *Can cause low blood sugar* |

NOTE: This is not a complete list of medications used for diabetes. More information can be found at: www.drugs.com



MY MEDICATION LIST

Name: _____

Date: _____

Include prescription medications, over the counter medications, vitamins, herbs and other dietary supplements

| Brand name or generic name and strength of medication (example: ibuprofen 250 mg) | What it is for (example: diabetes, blood pressure, arthritis) | How much to take (example: 1 pill) | When to take it (example: morning, lunch, dinner, bedtime) | Special instructions (example: take on an empty stomach, take with food, how to store) | Date started |
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