

## Welcome to our Baby Bear-a-Cuda Water Exploration series. Adhering to the following parent guidelines will assist your family in having a positive experience at the pool.

Our staff looks forward to a very positive experience with you, and we commend you for taking time to introduce your children to the aquatic environment.

## Parent Guidelines:

- Arrive early to enter the Exercise pool (small pool) at class start time, but do not enter the pool until the instructor signals you to do so.
- The temperature of the pool is a comfortable 90 degrees, however be sure to bring plenty of towels to the pool area for your child/children to wrap up in after class.
- Registered family must provide 1 adult, 18 years and older, to accompany child in the water... consistency is of course preferred to develop trust and experience.
- Use the swim diaper available at pool supply stores, Toys R Us, and most drug/grocery stores.
- Do not bring other children to sit and observe.
- Inflatable objects will not be allowed during class time (please leave them at home).

## Class Objectives:

- To build water confidence skills for both the parent and child.
- Provide a wide variety of water activities allowing parents to explore the water in an enjoyable and safe manner with their children
- Provide guidelines for developing correct body position and movement skills

Missed lesson policy: We do not offer make-up classes. Due to the nature of the learning environment we find it disruptive to have children in and out of new groups and with different instructors, as well as its impact on our teacher-to-student ratio.

## **Annalisa McKinney**

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