# **Cancer Institute of Dallas**

💠 A Baylor Scott & White Health - Health Texas Affiliate

## **Cancer Institute of Dallas**

310 East Highway 67 Duncanville, Texas 75137 Phone: 469-800-9300 Fax: 469-800-9310 www.cancerinstitutedallas.com

Hello and Thank You for contacting Cancer Institute of Dallas -

While we focus our main efforts on cancer, The Cancer Institute's services include a variety of treatments: hematology, medical oncology (comprising chemotherapy and biotherapy), radiation oncology, diagnostic imaging, and laboratory services.

Here is more information about Hematology, Blood Disorders, and Cancer:

#### **About Hematology**

Hematology is the study of the blood, blood-producing tissues, and diseases of the blood. Hematology blood disorders may include anemia, disorders of red blood cells, white blood cells and platelets, bleeding conditions or problems with excessive blood clotting, and cancers such as leukemia, lymphoma or myeloma.

A physician trained in hematology, also known as a hematologist, generally focuses on diagnosing and managing hematologic diseases. The hematologist may specialize further or have special interest, for example in diagnosing and treating:

- Bleeding disorders such as hemophilia and idiopathic thrombocytopenic purpura (ITP)
- Hematological malignancies such as lymphoma and leukemia
- Hemoglobinopathies the genetic (inherited) disorders of hemoglobin, the oxygen-carrying protein of the red blood cells
- Coagulation disorders abnormal clotting

#### **About Cancer**

Cancer is not a single disease – it is a large, complex family of disease that can affect virtually every part of the body. Physicians diagnose more than 1.3 million cases of cancer every year – with half of those cases occurring in the lung, prostate, breast, colon and rectum. Cancer is second only to heart disease as the leading cause of death in the U.S. and, although it can strike at any age, cancer is more common in people 50 or older.

Cancer begins in the body's cells, which constantly divide and multiply to replace old, damaged cells. Sometimes, cells begin to divide unnecessarily, forming excess tissue known as a tumor. In many cases, these tumors are not cancerous – they are benign. While benign tumors may cause health problems depending on their size and location, they are generally not life-threatening. If, however, abnormal cells begin to divide, they may form a malignant, or cancerous, tumor.

Most malignant tumors grow rapidly, invading nearby organs and tissues -- a process referred to as metastasis. Cancerous cells can also travel through the bloodstream to other regions of the body.

#### **Choosing the Right care**

Receiving a hematology, blood disorder or cancer diagnosis can be confusing and upsetting. You have to make important decisions at a time when you may feel overwhelmed.

More than half of the patients with cancer today will be cured but getting the proper treatment early is critical. In most cases, decisions do not need to be made within a day or two of finding out you have cancer, and taking time to determine the best course of treatment will not affect the outcome of your disease.

Your first step should be to find the right cancer specialist and treatment facility – and we are more than happy to consult with you and answer your questions at Cancer Institute of Dallas.

### **Our Medical Team**

Cancer Institute of Dallas' licensed medical staff is board-certified in the broad range of oncology and hematology practice areas and employs full-time physicians all whom are dedicated to the care of hematologic and oncologic diseases.



Maria I. Juarez, M.D. Dr. Juarez is a graduate of the University

of Navarra Medical School in Pamplona, Spain. She completed her internal medicine residency at the VA medical center in San Juan, Puerto Rico and her hematology/ oncology fellowship at the University of Texas Health Sciences Center in San Antonio. Dr. Juarez opened the Cancer Institute of Dallas in 2008. She is board-certified in Internal Medicine and Oncology. Dr. Juarez has a special interest in treating breast cancer.



Maryada Reddy, M.D. Dr. Reddy is a graduate of the Kurnool

Medical College in Kurnool, India. He completed his internal medicine residency at the William Beaumont Hospital in Royal Oak, Michigan, and served as an attending in the Department of Medicine before completing his oncology fellowship. Dr. Reddy opened the Cancer Institute of Dallas in 2008. He is board-certified in Internal Medicine and Oncology. Dr. Reddy has a special interest in treating gastrointestinal and lung cancers.



**Neelema Pinnapureddy, D.O.** Dr. Pinnapureddy earned her medical degree from Lake Erie College of Osteopathic Medicine in Erie, Pennsylvania. She then completed her internship, residency and fellowship at Texas A & M Scott and White Memorial Hospital in Temple, Texas. Dr. Pinnapureddy is board certified in Internal Medicine and is dedicated to providing compassionate yet quality patient care. Her professional interests of GI malignancies, breast cancer and lymphomas drove her to seek a medical degree and fellowship in Hematology/Oncology.



**Binu Nair, M.D FACP** Dr. Nair earned his medical degree from the Universidad Tecnologica De Santiago in the Dominican Republic. He completed an internship at Louisiana State University followed by a residency in internal medicine and fellowship in medical oncology and hematology at LSU Health Science Center in Shreveport, Louisiana. He is board certified in Medical Oncology, Hematology and Internal Medicine.



Alan Slomowitz, M.D. Dr. Slomowitz is a graduate of the University of Miami, Miami, FL. He completed his Radiation Oncology residency at the Princess Margaret Hospital, University Health Network, Toronto, Ontario Canada, and served in 2000 as president of the Texas Radiological Society, was prior chairman of the Cancer Committee & medical director of radiation oncology at Methodist Dallas Medical Center, and remains an active participant in Tumor Conferences that is directed toward the best evaluation & care of the patient who has cancer. Slomowitz is a board certified Radiation Oncologist who believes the best model for treating cancer is with a multidisciplinary team that works together to expedite the evaluation, social and nutritional needs while creating a personalized and coordinated treatment for each patient.

#### **Preparing for your visit**

You will maximize the value of your consultation by advance preparation. In advance of your scheduled visit, our staff may contact you with requests for key information, including records from prior tests and physician visits, imaging, or even slides of biopsy material. Please assist them in obtaining this crucial information. In addition, we urge you to complete the attached Basic information forms prior to your appointment to assist in seeing you as quickly as possible. Please bring all medications that you currently are taking including prescriptions and over the counter along with any vitamins or supplements.

We advise that you and your family make notes about your specific questions and goals for the visit. We have provided an additional sheet for you to use in preparation for your visit so that you are able to use your time with the physician to its maximum potential along with a checklist to make sure that you are fully prepared.

#### **Patient Caregivers**

Without question, juggling the demands of cancer treatment without help from family or friends can be challenging. In addition to much-needed emotional support, caregivers provide transportation to and from treatment sessions and help with housework, grocery shopping and other personal affairs.

Cancer Institute of Dallas strongly believes our patients should never have to fight cancer alone – so we do all we can to support our patient caregivers. In addition to moral support, we offer caregivers access to our formal support groups. We also open our on-site exercise room to caregivers, affording them a meaningful opportunity to release stress while waiting for patients undergoing therapy.

#### **Patients & Families**

As a patient of Cancer Institute of Dallas, or as supporting friends and families, we wish to welcome you as a full partner in healing. We wish to assist you in navigating the wide range of services offered to you at Cancer Institute of Dallas, and to assist you in maximizing the efficiency of your encounters with our professionals.

Cancer Institute of Dallas also invites patients and caregivers to participate in the <u>FitSTEPS for Life®</u> fitness program. This program incorporates simple, easily mastered exercises such as treadmill walking, elliptical cross training, lower and upper body strengthening and stretching and core muscle training. Through mastering exercises cancer survivors are encouraged and empowered to become physically active at diagnosis, during and after treatment and to remain active throughout life. The center is staffed by trained individuals who evaluate each person entering the program, encourage, assist and cheer on progress, teach, supervise and monitor each person through blood pressure, oxygen saturation, pulse and heart rate monitoring.

#### **Other Online Information**

There are countless other internet-based resources for cancer patients and their families. Our professionals have compiled a list of reliable, accurate, and authoritative websites which have proven useful for many of our patients and families. We believe that informed patients always do better, both physically and emotionally, and we encourage you to explore and gather information to assist you with decision making.

We caution you that there are many other internet sites with unreliable and unproven information, so we urge you to discuss with your physician, navigator, or nurse, any internet-based recommendations, or treatment programs.

National Cancer Institute - <u>www.cancer.gov</u>

American Cancer Society - <u>www.cancer.org</u>

#### **Cancer Institute of Dallas at Duncanville**

310 East Highway 67 Duncanville, TX 75137 Phone: 469-800-9300 Fax: 469-800-9310

#### **Medical Oncology**

Maria Juarez, MD Maryada Reddy, MD. Binu Nair, MD Neelema Pinnapureddy, DO

#### **Radiation Oncology**

Alan A. Slomowitz, MD

## **Other Locations**

## Cancer Institute of Dallas at Red Oak 301 East Ovilla Road, Suite 100 Red Oak, TX 75154

Phone: 469-800-9300

#### **Medical Oncology**

Maria Juarez, MD

#### **Cancer Institute of Dallas at Waxahachie**

2830 N I-35 E Waxahachie, TX 75165 Phone: 469 843-6037 Fax: 469-843-6008

#### **Medical Oncology**

Maria Juarez, MD Binu Nair, MD

#### **Cancer Institute of Dallas at Lake Ridge**

4927 Lake Ridge Pkwy, Suite 100 Grand Prairie, TX 7052 Phone: 469-800-9300

#### **Medical Oncology**

Neelema Pinnapureddy, DO

# **Cancer Institute of Dallas**

💠 A Baylor Scott & White Health - Health Texas Affiliate

## **Cancer Institute of Dallas**

310 East Highway 67 Duncanville, Texas 75137 Phone: 469-800-9300 Fax: 469-800-9310 www.cancerinstitutedallas.com

### First Visit Checklist:

- □ Completed and Signed New Patient Forms
- □ Driver's License / ID Card
- □ Insurance Card
- $\Box$  Method of payment, if applicable
- □ All medications currently being taken. Please bring in original prescription bottles or containers. Include over-the-counter and supplements.

Often you will think of questions or concerns you want to discuss with your physician. You are encouraged to make note of them so you do not forget them. You may also find this area helpful for taking notes during your scheduled appointment. You are better prepared to participate in your care when you have your questions or concerns addressed.

**Questions/ Notes:**